**WAYS YOU CAN SERVE**

- Host/Hostesses
- Interviews (for food or for financial assistance)
- Food Pantry (shoppers, shelve food, baggers)
- Assisting with Groceries to Cars
- Finances
- Clerical Help (input computer data, filing, copying, etc.)
- Print materials and signage
- Computer data entry
- Telephoning for Appointments.

**LOCATED AT:**
St. Luke Simpson United Methodist Church
1500 Country Club Road
Lake Charles, La. 70605

Landmarks: Between Lake St. and Nelson Rd.
Next door to Trinity Baptist

**PARTICIPATING CHURCHES:**

St. Luke Simpson United Methodist Church
Trinity Baptist Church
Lakewood Bible Fellowship
St. Martin de Porres Catholic Church
University United Methodist Church
Sale Street Baptist Church
Emmanuel Baptist Church
Bethel Presbyterian Church

**WAYS YOU CAN HELP:**

- Donate money. Make checks out to St. Luke Simpson United Methodist Church and write “Manna” in the memo section.
- Donate Contemporary Versions of the Bible.
- Donate food (see list below)
- Volunteer on Manna Wednesdays (see list of volunteer positions.)

**ITEMS FOR THE FOOD PANTRY:**

Peanut butter & Jelly
Cream of Mushroom soup
Macaroni and cheese
Canned peas, green beans, and mixed veggies
Canned corn, pork & beans, and fruit
Spaghetti noodles & Spaghetti sauce
Rice & Dry beans
Canned Ham, Tuna, and Chicken
Canned chili
Cornbread Mix
Potato flakes
Powdered or canned milk
Ramen Noodle Soup
Breakfast item
(substitutions are made as necessary)

**MANNA MINISTRY**

“Then the Lord said to Moses, “I am going to rain bread (manna) from heaven for you.” Exodus 16:4

Emergency Assistance for those in need.

Walk-ins for Food welcome!
For Utility Assistance, call 802-3729
This ministry is to meet the emergency needs of Lake area residents. We do not give assistance to Sulphur residents as CareHelp of Sulphur services those residents.

- Emergency needs such as recent unemployment, illness, injury, unforeseen expenses, etc.
- Financial Assistance eligible once per 12 months.
- Food Assistance eligible once per 3 months.

**WHAT TO BRING:**
- Picture ID
- Social Security Card
- Current Unpaid Bill
- Income & Expenses

**FINANCIAL ASSISTANCE**
- Electricity
- Gas
- Water

We DO NOT assist with rent, phone bills, medical bills, deposits, or gasoline.

**MONEY MANAGEMENT ASSISTANCE**
- Income/Expense Worksheets & Payment Schedule
  - Worksheet available

**FOOD PANTRY**
Feeds a family of four for one week.

Provides:
- Bag of Non-perishable food

“O taste and see that the Lord is good! Happy are those who take refuge in him!” Psalm 34:8

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**ELIGIBILITY**

**SERVICES**

**HOURS**

**FINANCIAL ASSISTANCE**

**FOOD PANTRY**
Wednesday 9:00-11:00 a.m.
No appointment necessary.

**FINANCIAL HELP**
Wednesday 9:00–11:00 a.m.
*By Appointment Only*
To Apply call 802-3729. Due to limited resources, not everyone who applies will receive assistance. All calls will be returned on Tuesday morning.

**CLOSED THESE WEDNESDAYS:**
- Week of Thanksgiving
- Week of Christmas
- Week of New Year’s Day
- Mardi Gras/Ash Wed. Week
- Wed. of Bible School (TBA)