

Personal Progress Report - B

Home - Based Practicum and Self-Care

Name

Date

Group Supervisor

A. YOUR OWN SOUL CARE

1. What feeds you?

a. Reflect on what nurtures your soul, spirit. (eg - spiritual reading, creation, prayer, other?)

2. Practice of spiritual disciplines:

a. Reflect on your experience of prayer and spiritual disciplines.

i. In what ways is your capacity for noticing and appreciating the presence of God developing in your own life and experience?

ii. How are you becoming more open and receptive to God?

.....within your own interior awareness?

....in your everyday life?

b. In what ways do you find yourself resistant to God?

c. Are there any changes that you are noticing in the way(s) that God is present to you?

B. MINISTRY PRACTICUM

Ministry of Spiritual Direction/Tending the Soul (one-on-one, small group, congregational ministries of various kinds)

Your reflection in this section is on your experience of spiritual companionship.

1. In what ways has your capacity for noticing God's presence and activity developed?

a. Within yourself as you offer spiritual guidance?

b. Within the experiences of others?

2. In what ways are you growing in your awareness of your own issues as you offer spiritual guidance?

a. How are you noticing and responding to these issues?

3. What responses do you notice emerging within yourself as you listen to other persons share their experience?

	Never	Seldom	Sometimes	Often	XXXXX
Compassion/empathy					
Trying to fix/advice giving					
Panic					
Theologizing/Rationalizing					
Seeking to avoid being present					
Hooked into other person's feelings					
God-aware in self and other					
Being open and present					
Turning to God for help when unsure					

Further reflection:

Compassion/empathy

Trying to fix/advice-giving

Panic

Theologizing/Rationalizing

Seeking to avoid being present

Hooked into other person's feelings

God-aware in self and others

Being open and present

Turning to God for help when unsure